



RECOVERY
COLLEGE
REAL-LIFE LEARNING, TOGETHER



Sharing your recovery to inspire, educate and inform

with Peter Thorburn

ABACUS

Counselling, Training & Supervision Ltd NZQA reg

When: Tuesday 28 March 9.30am - 2.30pm

Where: DRIVE Consumer Direction, 28C Lambie Drive, Manukau

Cost: This session is free of charge, however spaces are limited and registration is required.

Find out more and register: www.aodcollaborative.org.nz/events

This introductory workshop will provide an opportunity to look at how you can use your recovery journey:

- » To support and empower other people by sharing the challenges, strategies and turning points in your journey to inspire hope
- » To educate and inform people at all levels of the addiction/ mental health sector, such as policy, peer support, research or consumer panels.

Please note: This session is recommended (but not necessary) to prepare for the following Recovery College workshops Become a Learning Group Facilitator.

Peter Thorburn spent 23 years struggling with a poly-drug addiction. Following his release from jail in 2005, he returned to school, attended University, and has since graduated as a qualified clinician – specialising in youth, alcohol and other drugs (AOD), and co-existing mental health problems. Peter has worked for ABACUS Counselling Training and Supervision Ltd since 2007. His role as a consumer representative, counsellor and trainer has seen him work with diverse organisations in both the public and corporate sector, including: New Zealand Police, Child Youth and Family Services, Youthline, Odyssey House, Salvation Army, and the Health Promotion Agency.

A big thank you to our supporters: **Counties Manukau Health**, the **AOD Provider Collaborative** and **DRIVE**.
