

Our future kaumatua

Taiohe

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[Photo](#) by From: Wakefield, Edward Jerningham. Illustrations to "Adventure in New Zealand". Plate 1. / Public domain



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Taiohe

(Young Māori 16 -24 years)

- Taiohe make up half the total youth population in Aotearoa
- They also make up half the total population of Māori
- They are the most at risk of
 - Suicide
 - Mental health
 - Substance use and misuse
 - Socio economic deprivation
 - Entering the justice system



Research Question

“The experience of taiohe and whānau when they enter acute mental health services where substance use is an issue”.

Why I choose this area of research

Have worked as a psychiatric nurse for over ten years more recently I have witnessed:

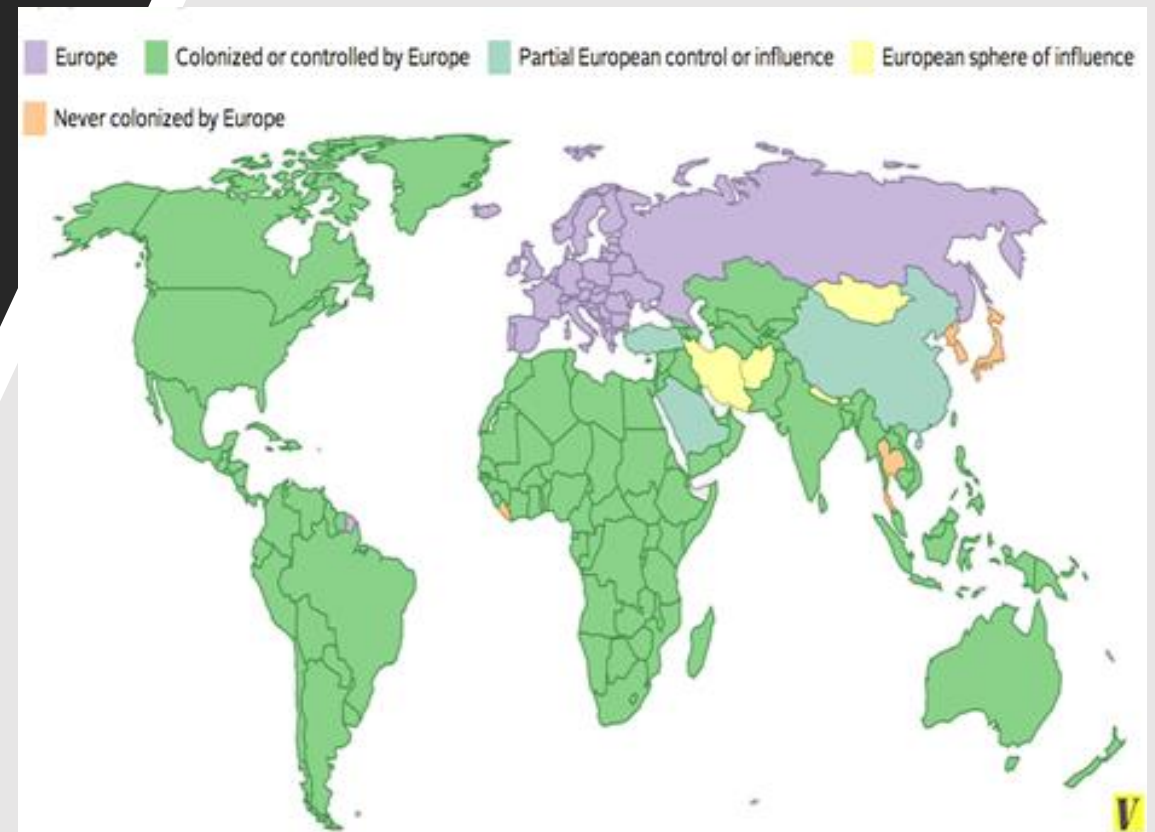
- Increasing numbers of young Māori entering mental health services where substance use and/or misuse is an issue
- Increase in psychotic presentations duelled with social and behavioural problems
- Culturally inappropriate care often a result of structural and personal discrimination/racism.
- Over prescribing of psychotropic medications leading to unnecessary sedation
- Loss of opportunities to treat addiction issues
- Lack of initiative to reduce psychotropic medication after two years.

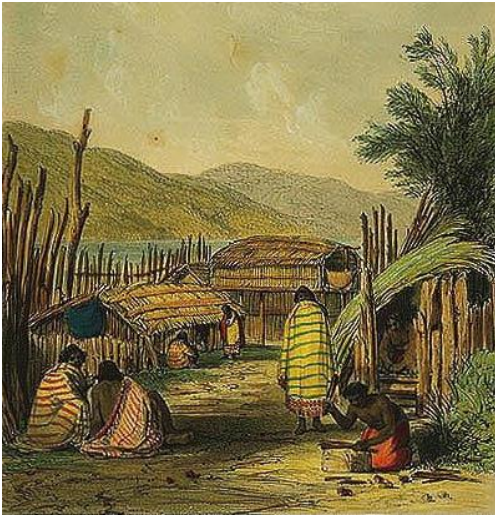
Indigenous research methodologies

Decolonization of western research methodologies

Decolonization articulates concerns and worldviews of the colonized

- Five phases in the process of decolonization involves
 - Rediscovery
 - Mourning
 - Dreaming
 - Commitment
 - Action (Laenui, 2000).
- Strategies for decolonization includes
 - Deconstruction and reconstruction
 - Self-determination and social justice
 - Ethics
 - Language
 - Internationalization of indigenous experiences
 - History
 - Critique (Smith,1991)





Kaupapa Māori research methodology

A desire to bring alive 'Mātauranga Māori' the indigenous system of Aotearoa, New Zealand.

Pedagogy of mātauranga Māori

- Tino rangatiratanga (self determination)
- Taonga tuku ihoa (cultural aspirations)
- Ako Māori (culturally preferred pedagogy)
- Kia piki ake I nga raruraru o te kāinga (mediation of socio-economic and home difficulties)
- Whānau (family and extended family)
- Kaupapa (philosophical values and collective vision) (Bishop, 1996)

Data Collection
Qualitative
participatory
(interviews &
revisiting)
Exploratory
acknowledging limitations
of a Euro-western
pedagogy

The sample was clear i.e. taiohe

Initially data collection involved (PGR9)

- Photovoice and PATH (planning alternative tomorrows with hope).
- The concept aligned theoretical but in reality it was unachievable because of limited time, working with a hard to reach group, limited human and economical resources .
- Additionally, I was no longer a clinician but rather a researcher and this created unforeseen resistance.

I changed my research design after a year of no recruitment to:

- Snowballing and face to face interviews
- I widened the region in which to gather participants
- The koha from offering a \$20 petrol voucher or phone top up changed to a \$20 grocery voucher.
- Refreshments through the interview was canned and I provided a \$20 meat pack for each participant to take home and share with whānau.

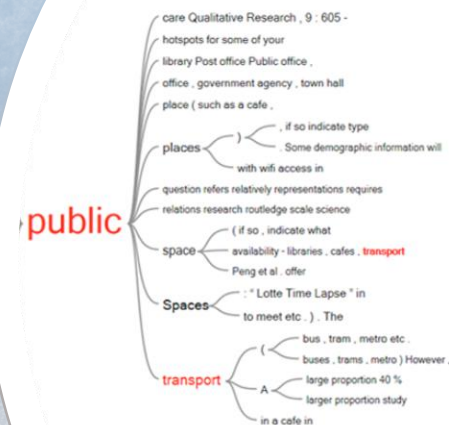
Interviews and data analysis

General inductive approach

- A systemic bottom up approach
- Themes/categories emerge from the raw data
- Coding without trying to make it fit (data driven)
- Linking themes
- Multiple interpretations
- Findings will be influenced by my assumptions, experiences and coding options
- What is important & what's not (Thomas, 2006).
- Management of data within Nvivo (Bazeley, 2006).



and visualize your data
patterns, connections and themes.



The background of the image is a deep black space filled with numerous stars of varying sizes and colors, including white, yellow, and orange. A prominent feature is a large, glowing blue nebula or star-forming region in the upper left quadrant. Several bright blue stars are scattered across the field, some with distinct horizontal and vertical diffraction spikes. The word "Questions" is centered in the upper right area in a clean, white, sans-serif font.

Questions