

# Youth'12: Are we making a difference?

Key findings from Youth '12 &  
changes in substance use 2001-  
2012

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Group

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# The Adolescent Health Research Group

To provide high quality, accurate and timely research that seeks to improve the health and wellbeing of young people in Aotearoa, New Zealand.





# The Youth2000 Survey Series

## 1. National Secondary School Student Surveys

**2001 - 9,699 adolescents**

**2007 - 9,107 adolescents**

**2012 - 8,500 adolescents**

## 2. School Climate Surveys

2007 School Climate

2012/13 School Climate

## 3. Alternative Education Surveys

2009 - 335 adolescents

2000 – 268 adolescents

## 4. Teen Parent Unit Survey

2006 - 220 adolescents



# Youth2000 series sample characteristic

	2001		2007		2012	
<b>Schools</b>	114 (86% response)		96 (84% response)		91 (73% response)	
<b>Decile</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>
low	26	22.9	15	16.3	26	28.6
med	49	43.1	52	56.5	36	39.6
high	39	34.2	25	27.2	29	31.9
<b>Students</b>	9,567 (73% response)		9,107 (74% response)		8,500 (68% response)	
<b>Gender</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>
Male	4,414	46.1	4,911	54.0	3,874	45.6
Female	5,152	53.9	4,187	46.0	4,623	54.4
<b>Ethnicity</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>
Māori	2,325	24.7%	1,702	18.7%	1,701	20.0%
Pacific	768	8.2%	1,178	10.2%	1,201	14.1%
Asian	679	7.2%	1,310	12.4%	1,051	12.4%
NZ Euro	5,219	55.4%	6,871	52.8%	4,024	47.7%
Other	417	4.4%	817	5.8%	511	6.0%
<b>&gt;1 ethnic groups</b>	29%		39%		42%	

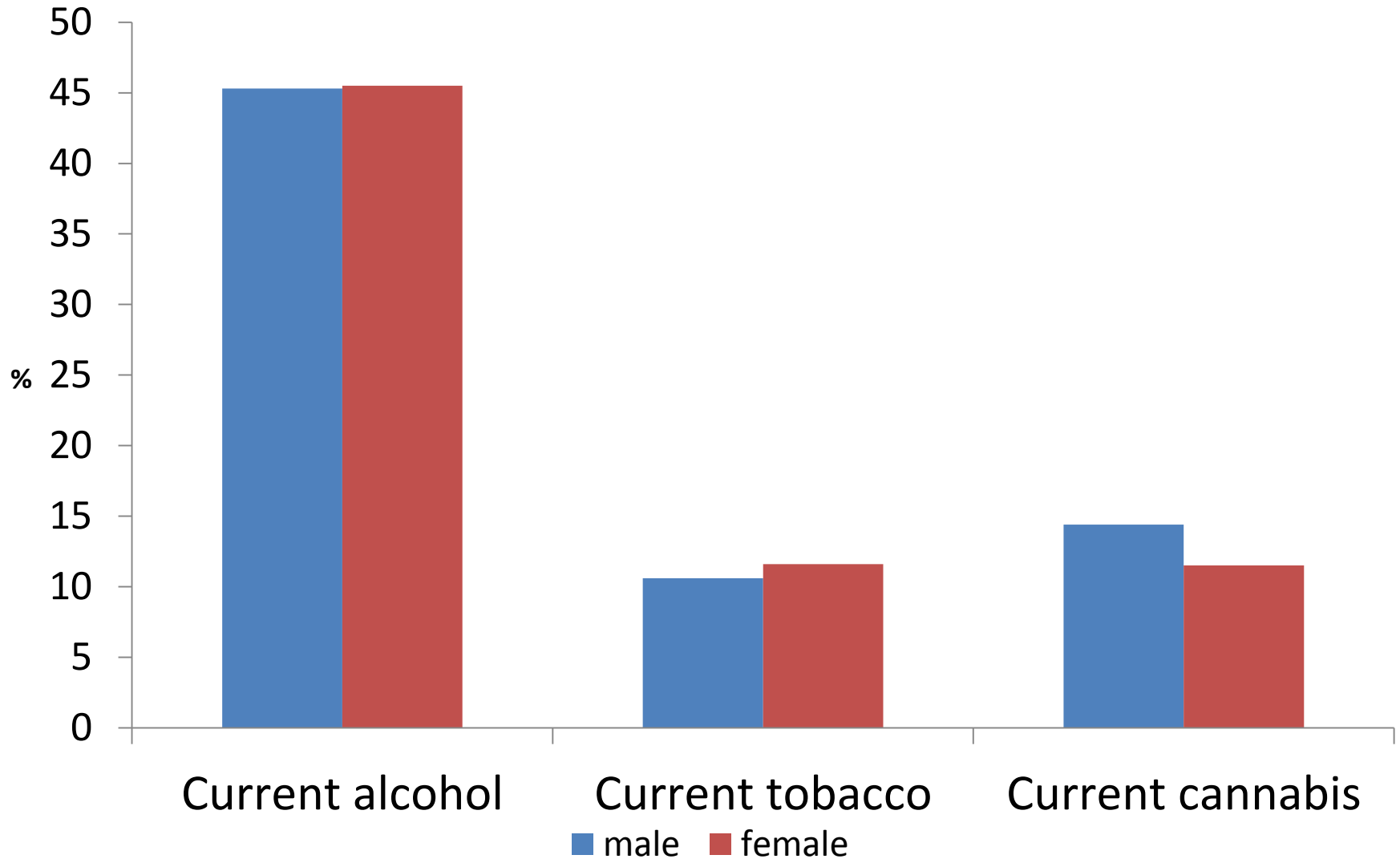


# Results

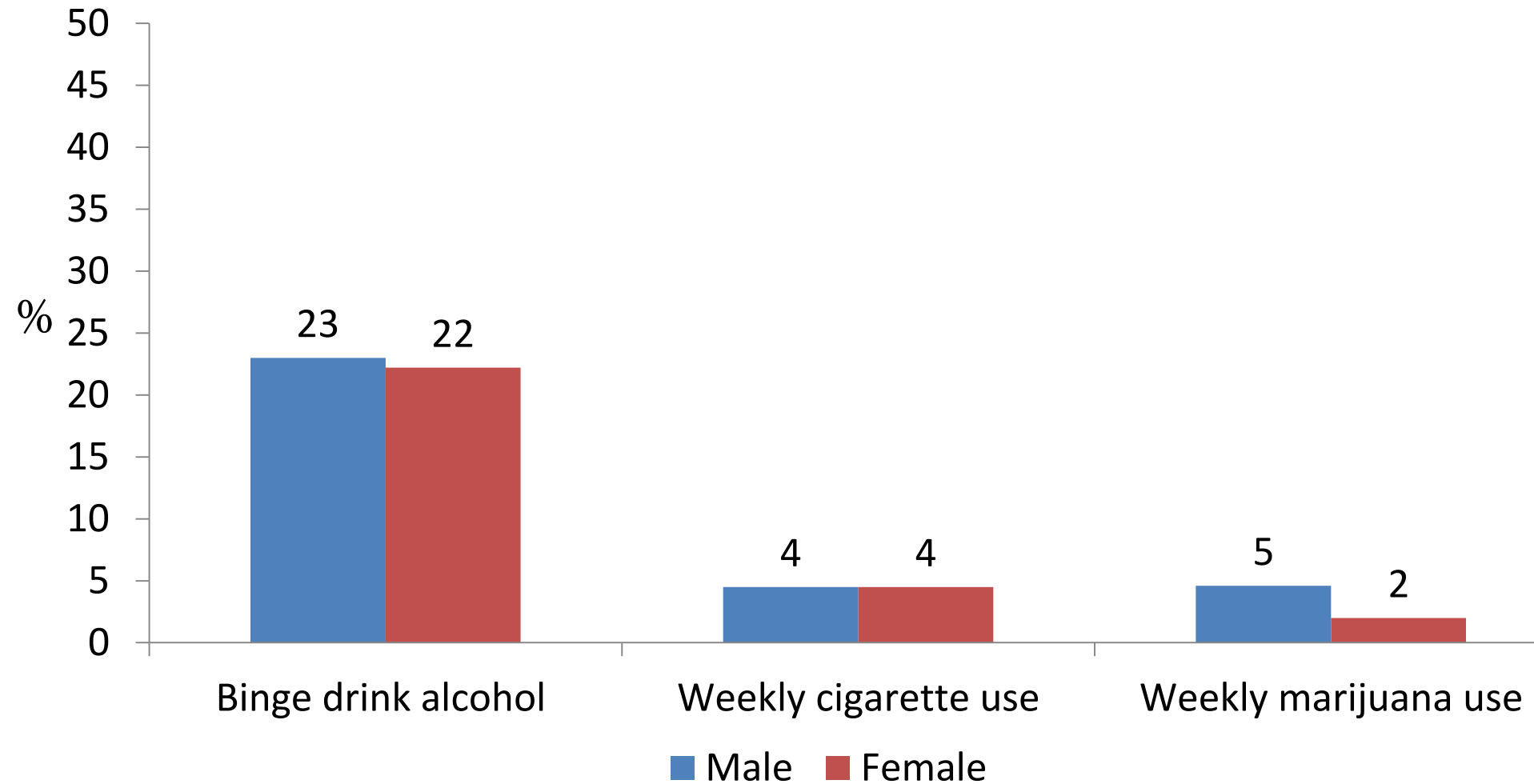
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# Current\* substance use – 2012

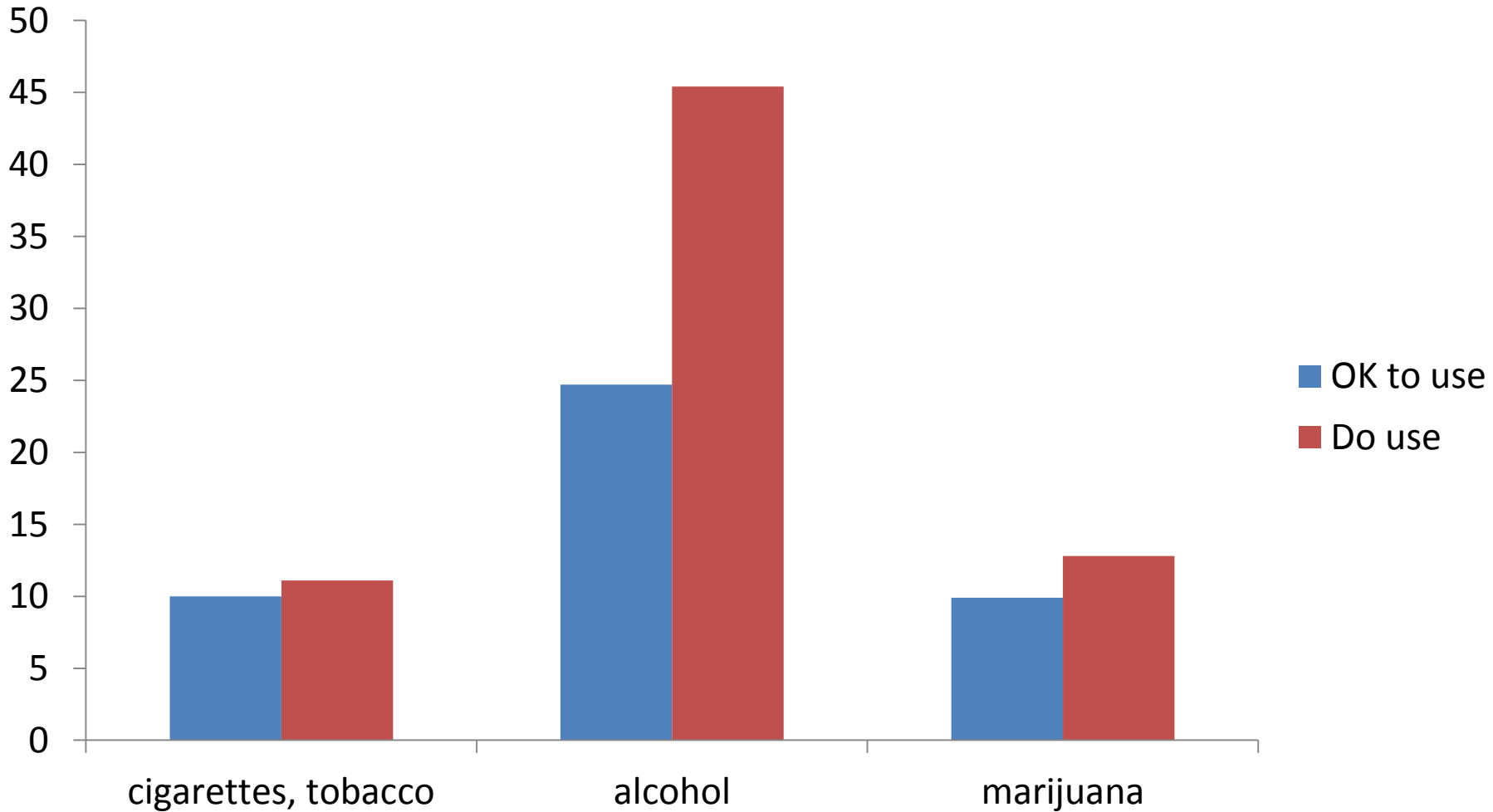


# Regular use 2012

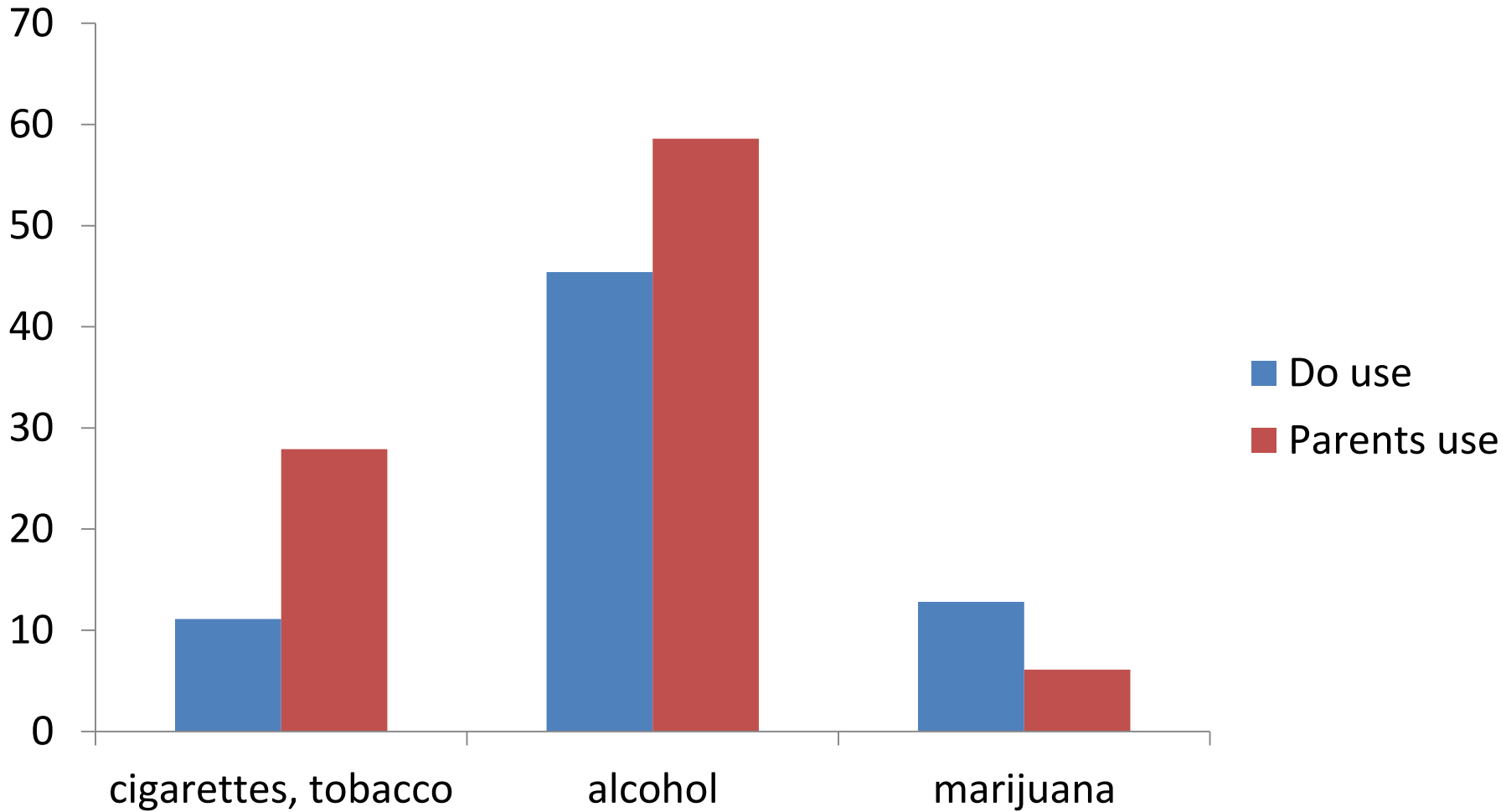




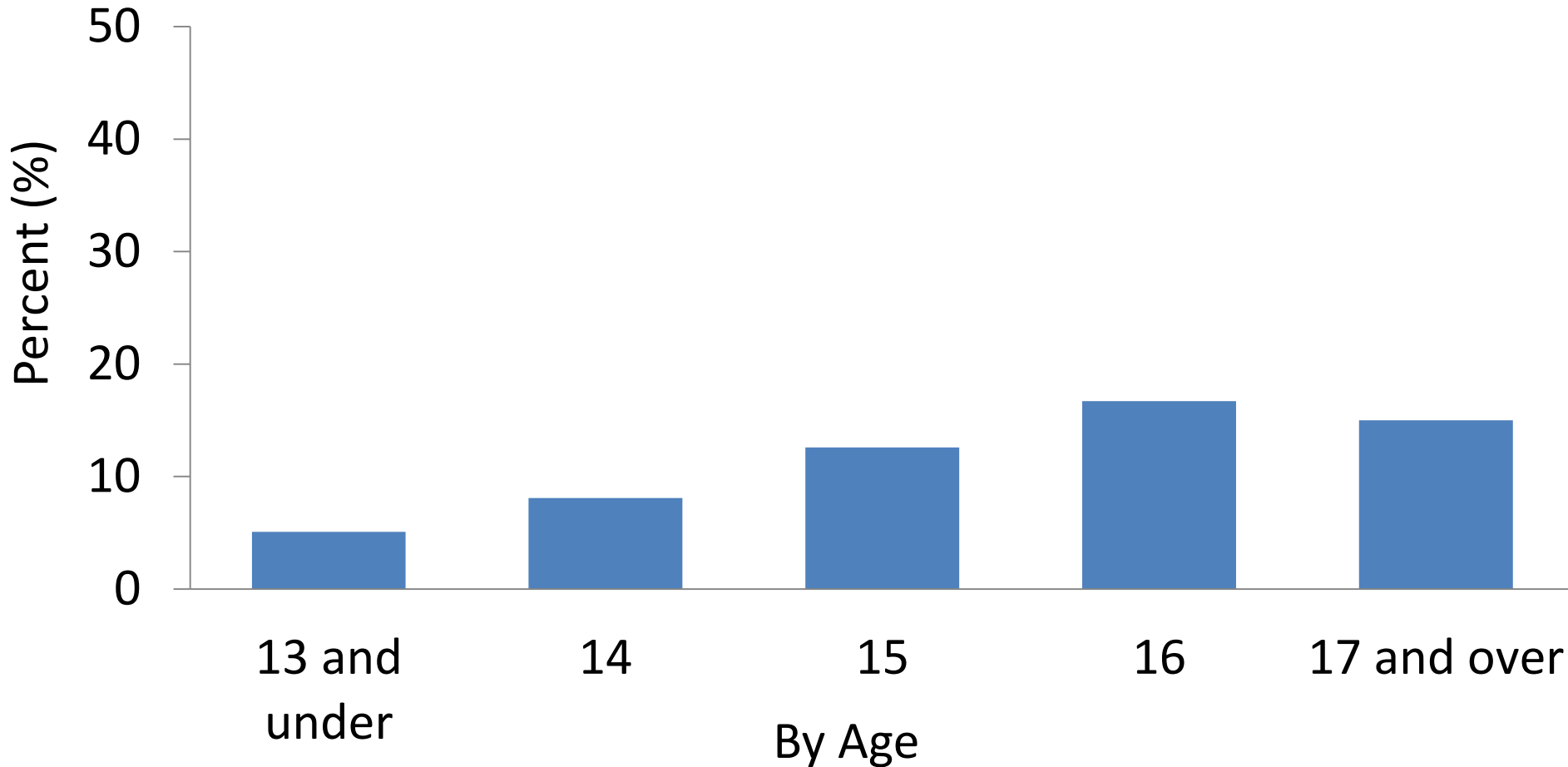
# Attitudes and Use



# Adolescents and Parents Use

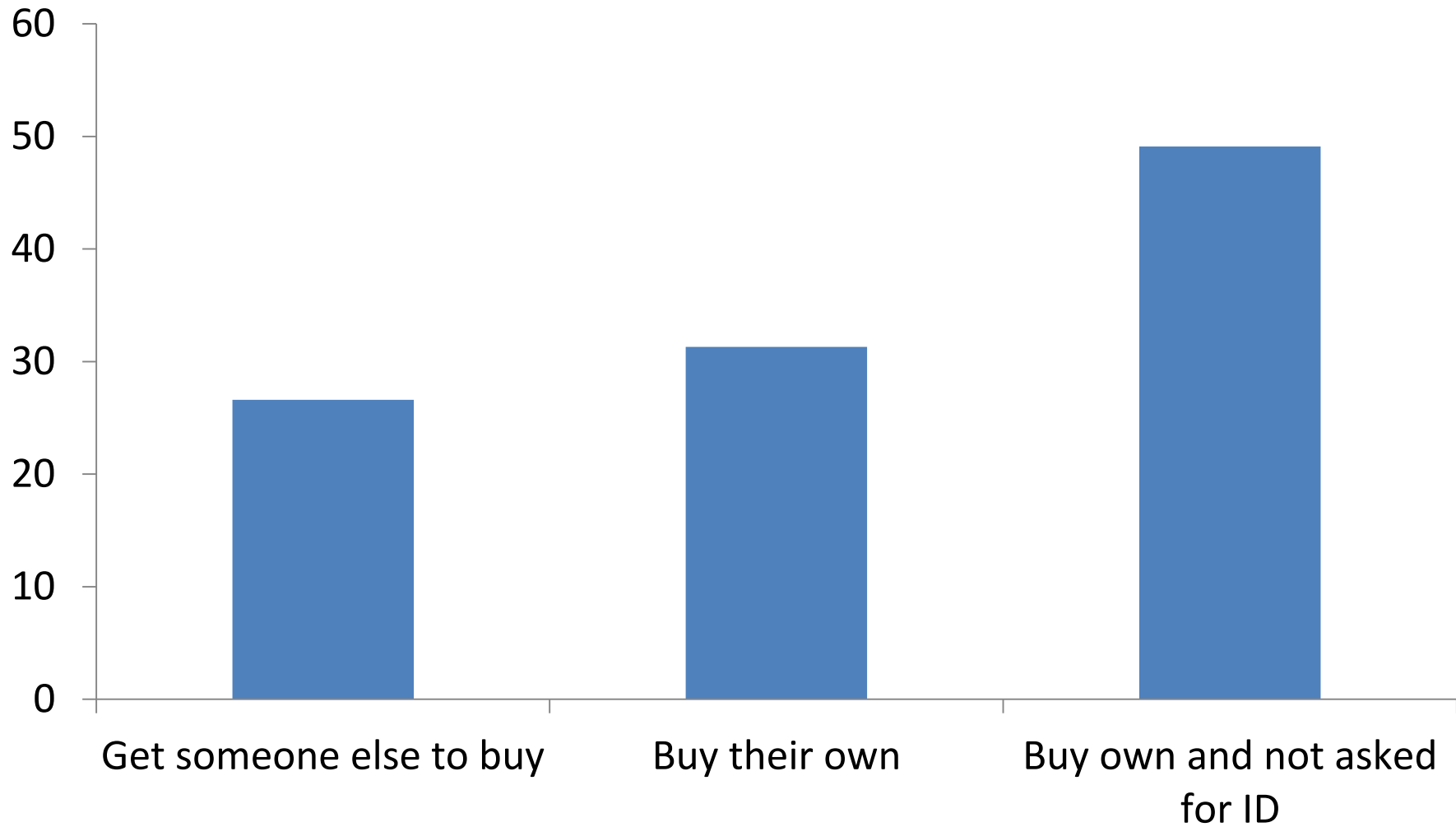


# Students who Currently Smoke Cigarettes

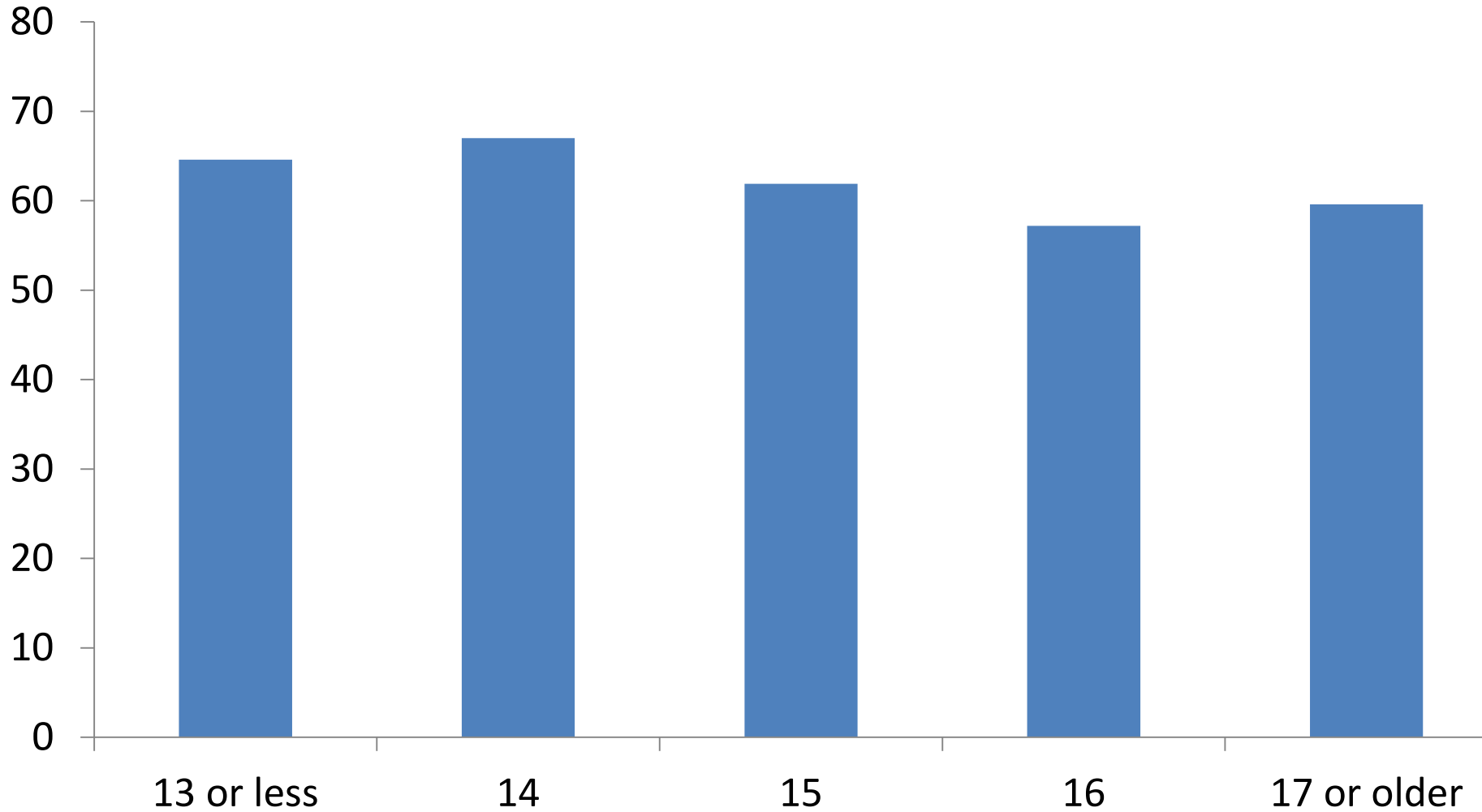




# Access to cigarettes (among smokers)

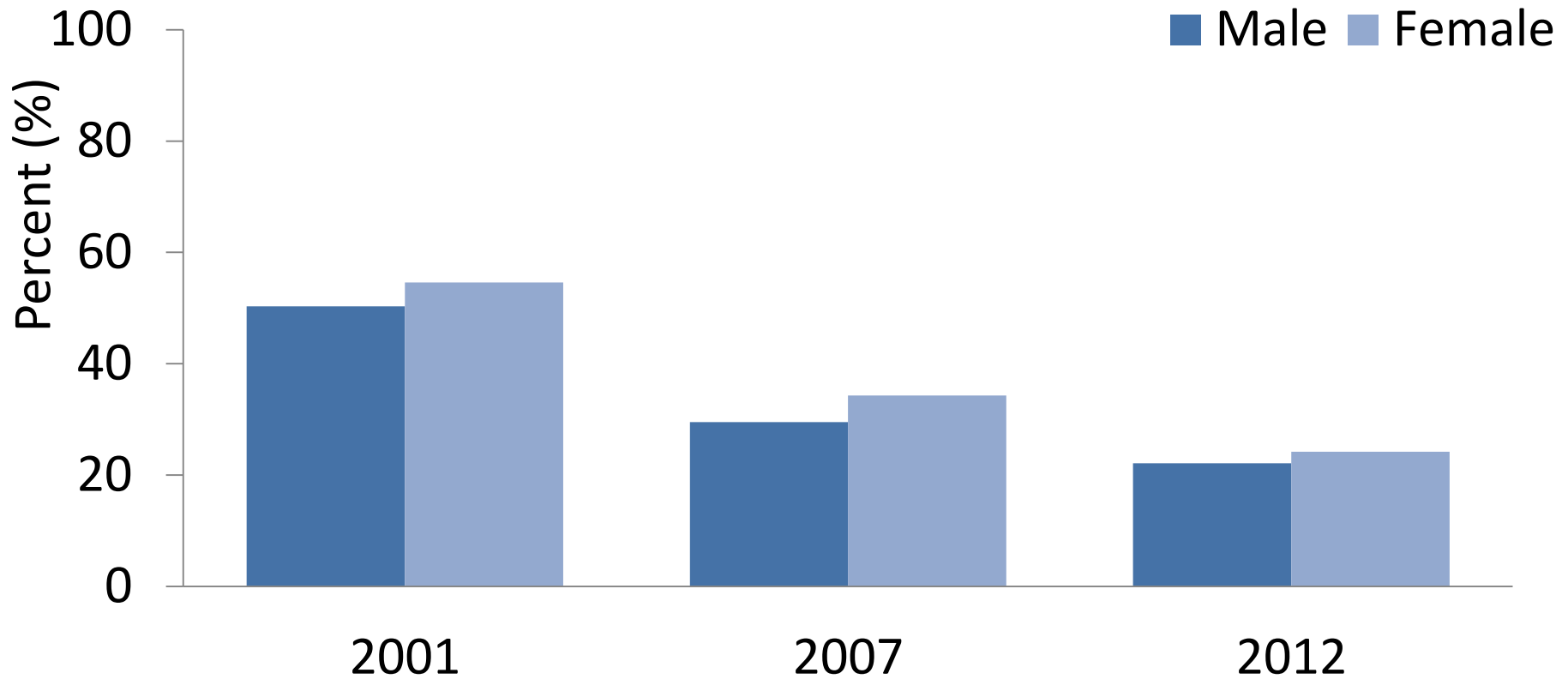


# Tried to cut down or quit cigarettes (among smokers)



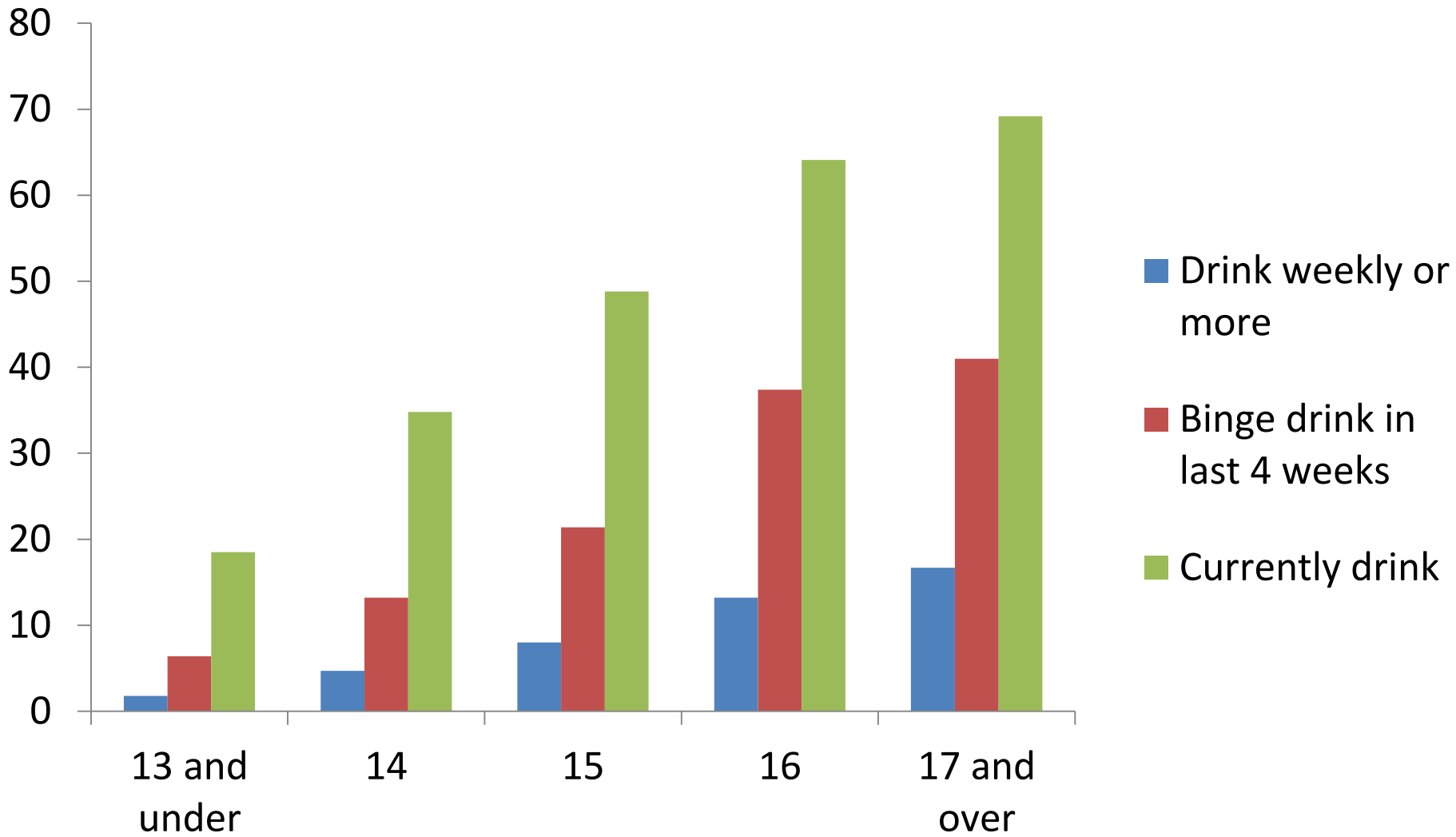
# Time trends

## Students Who have Ever Smoked a Cigarette

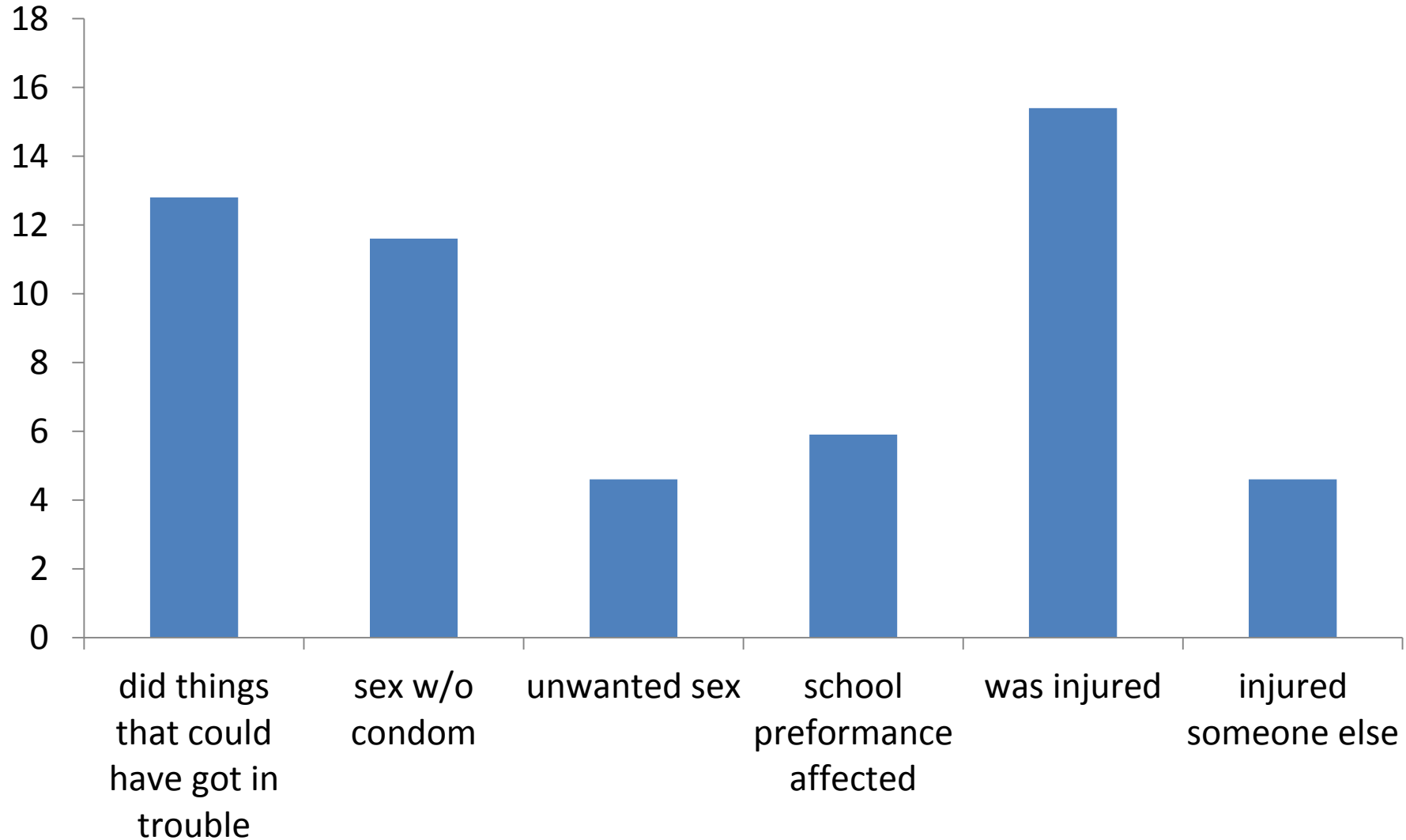




# Alcohol

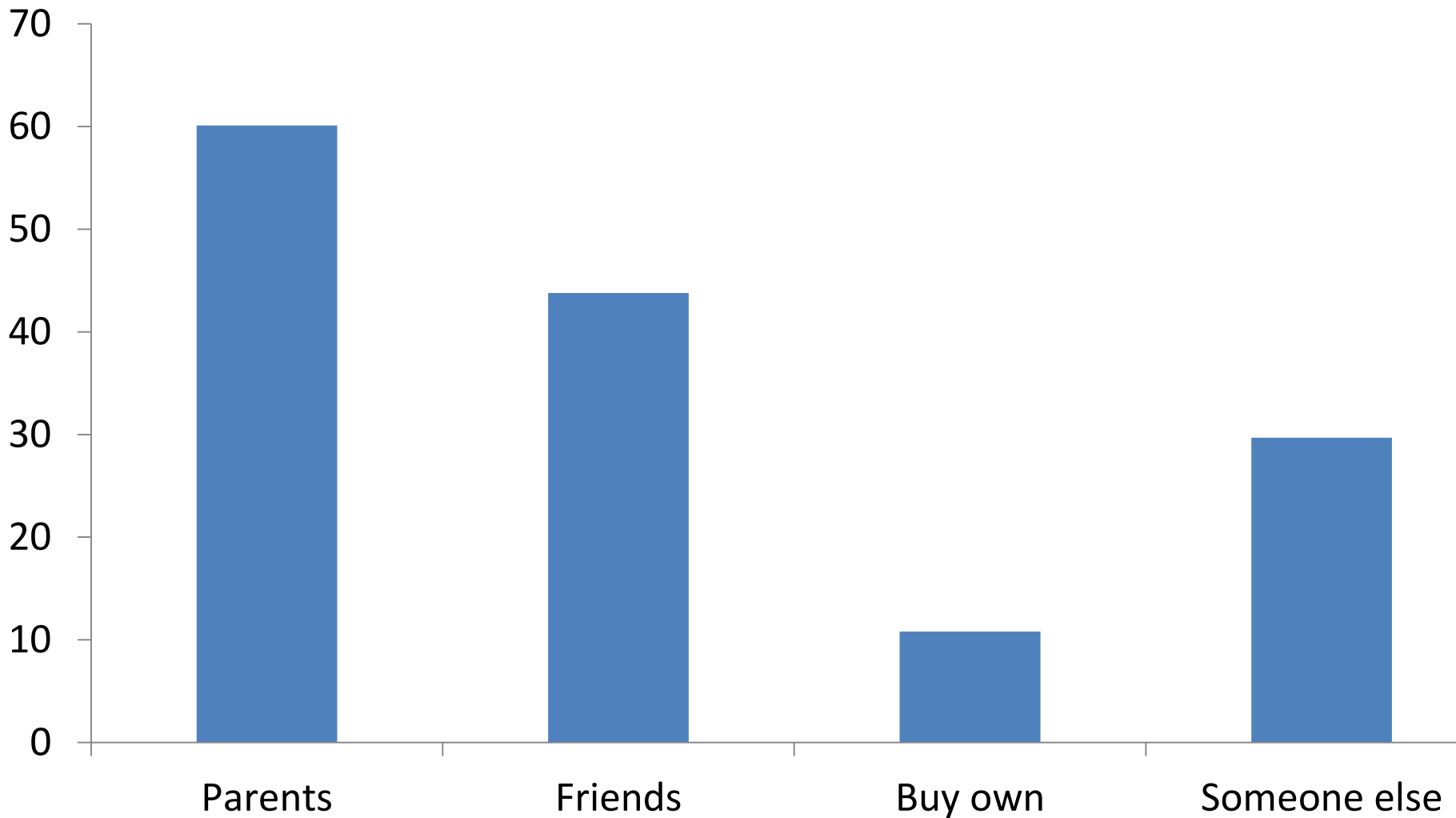


# Alcohol related problems



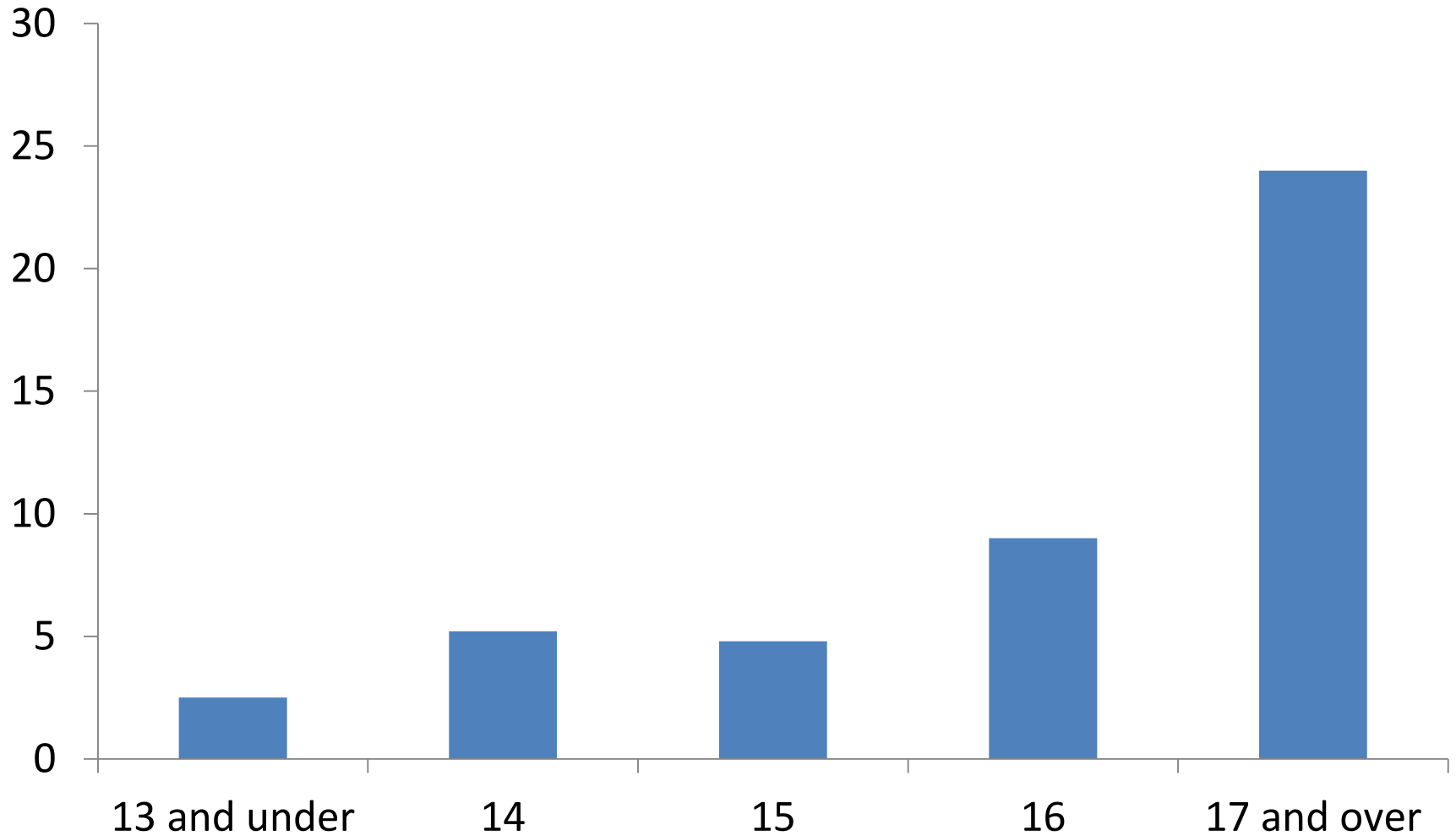
# Access to alcohol

(among current drinkers)

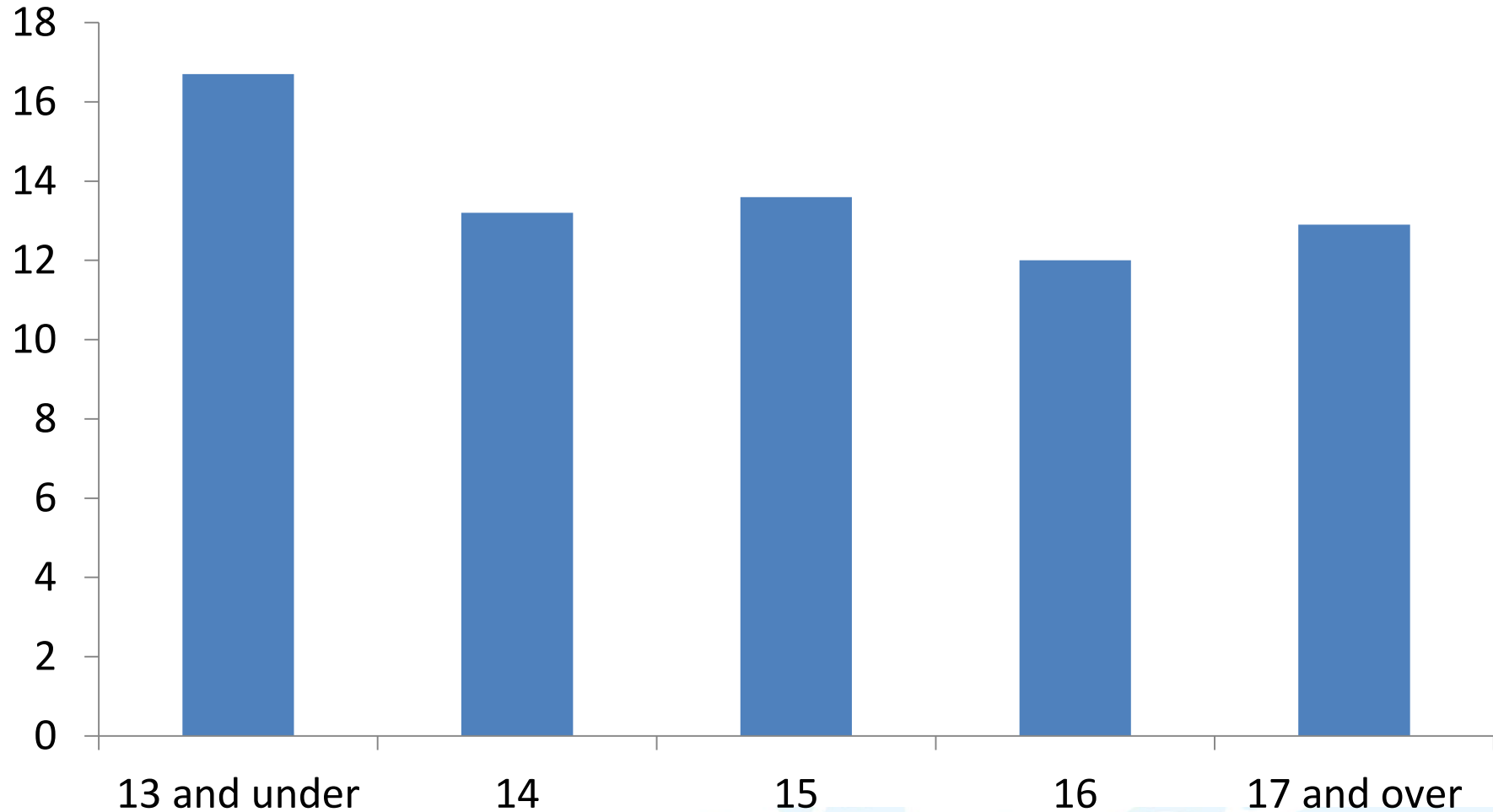




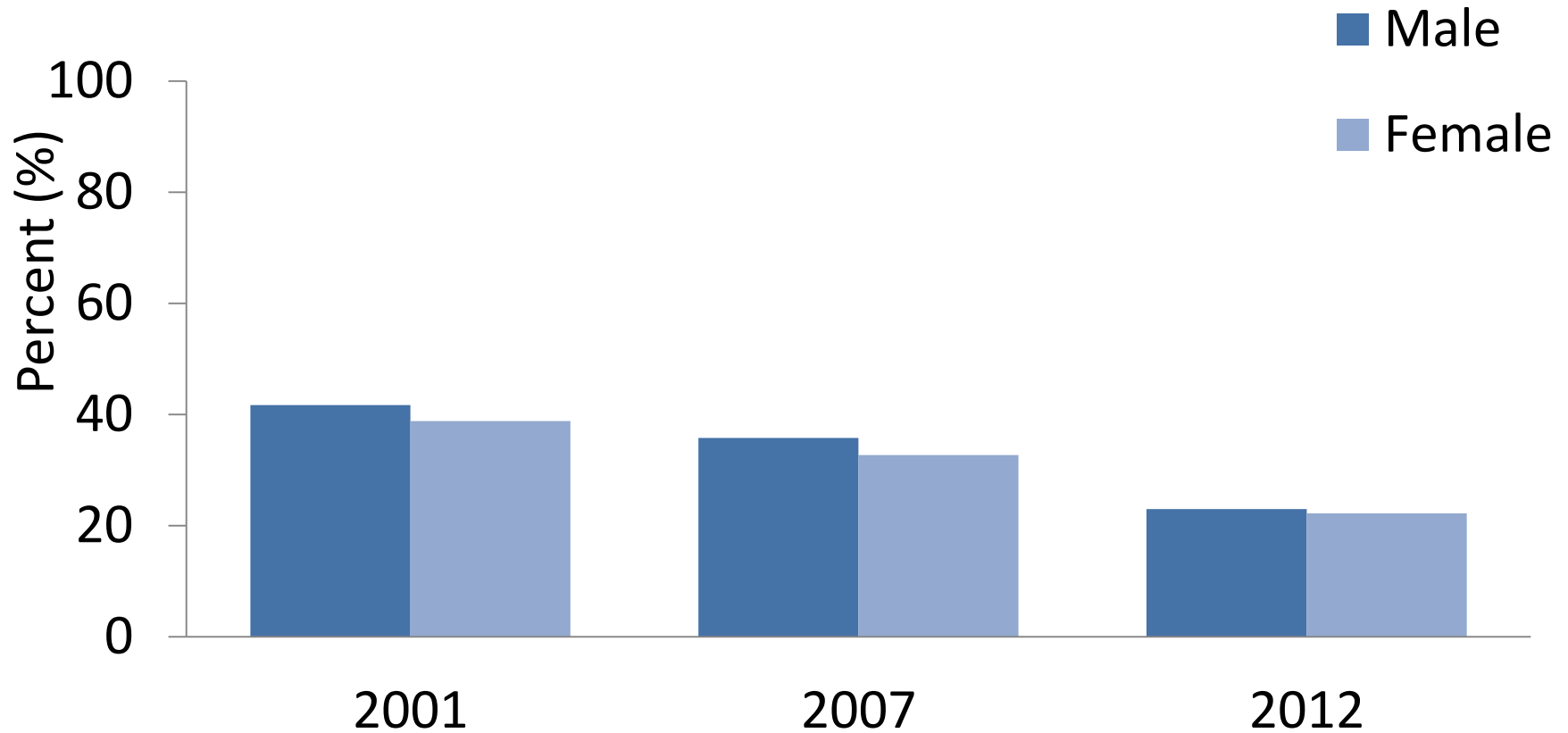
# Buy own alcohol (among current drinkers)



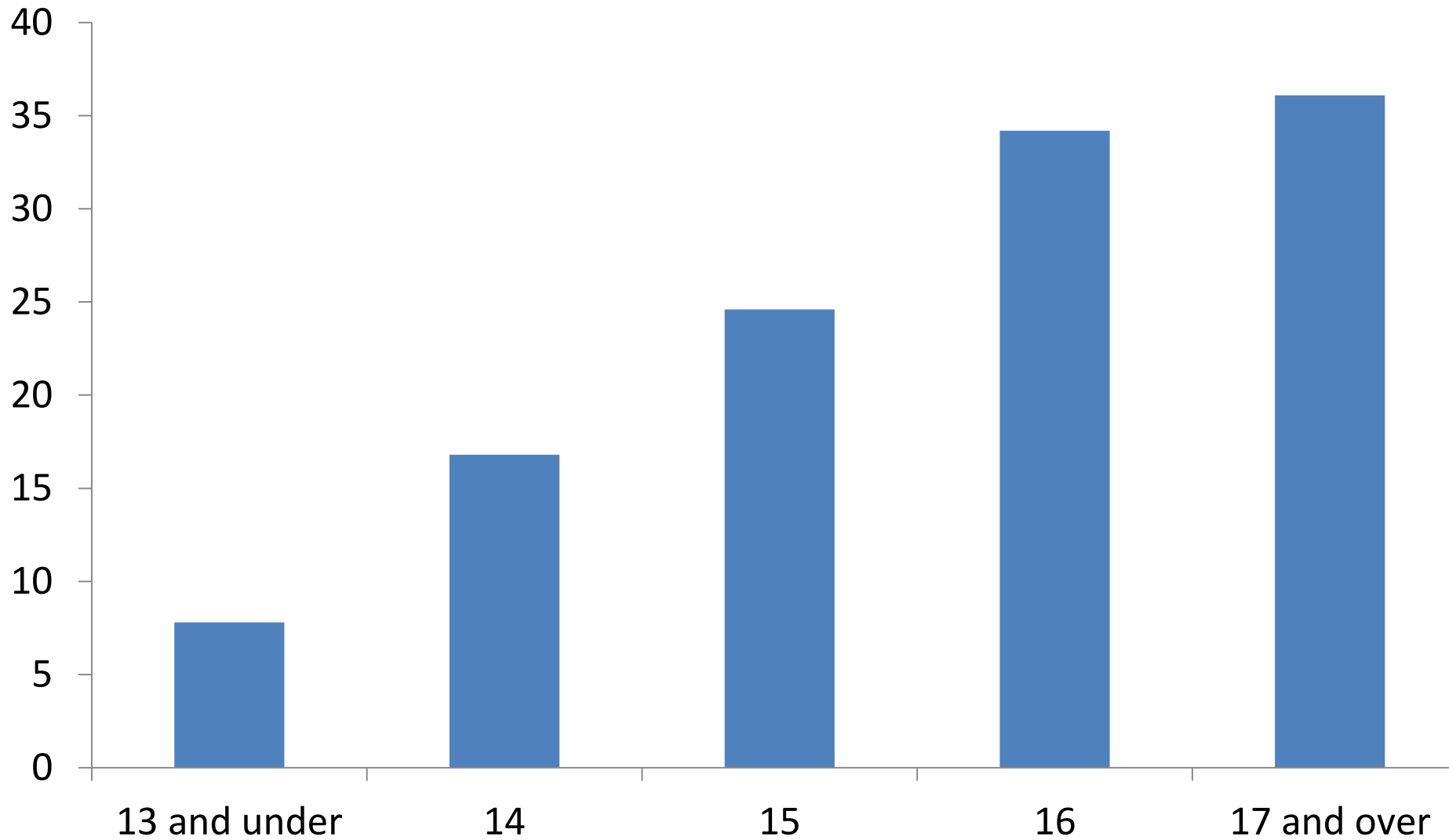
# Tried to cut down or quit alcohol (among drinkers)



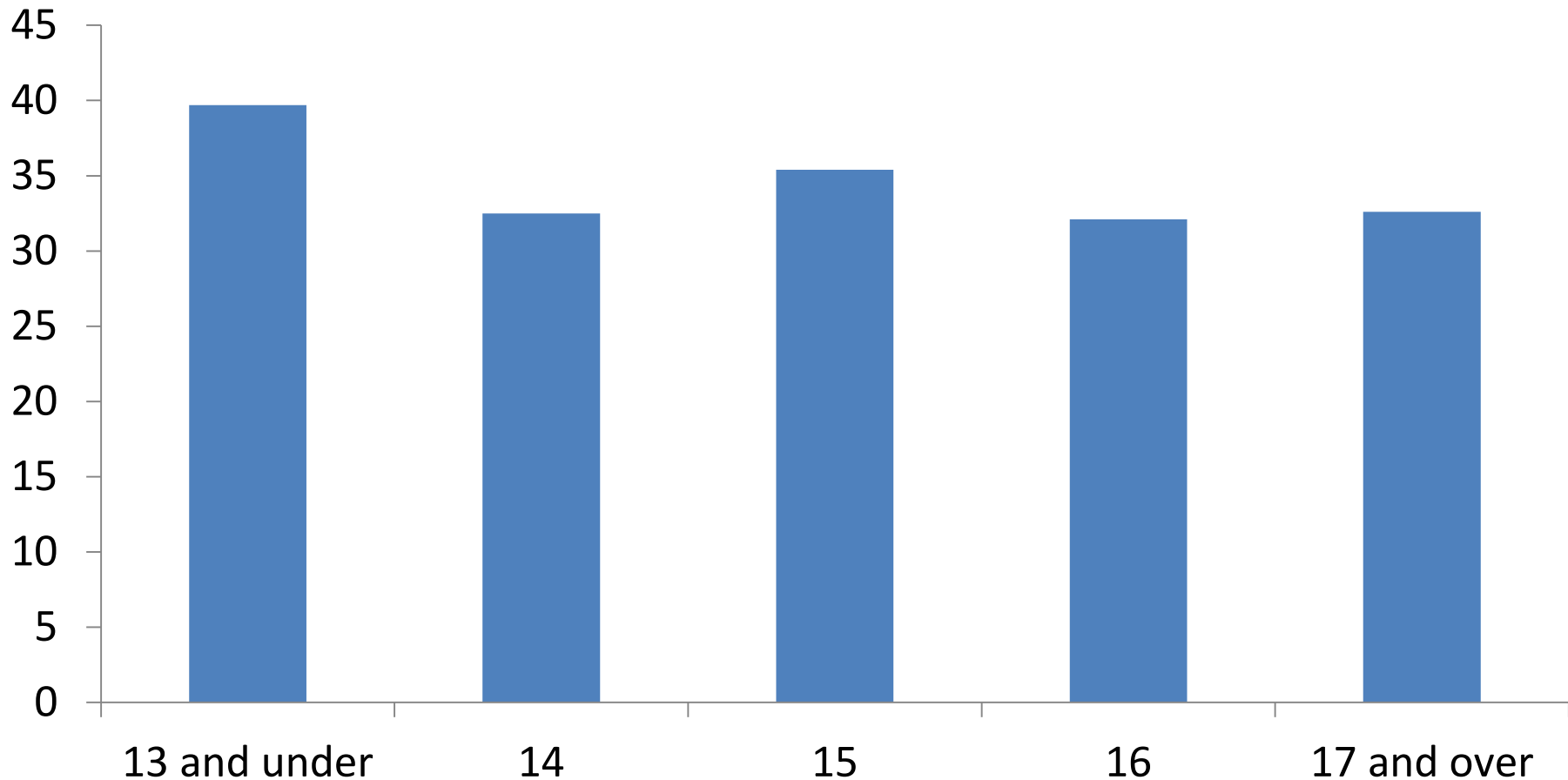
# Binge Drinking by Students in the Last Four Weeks



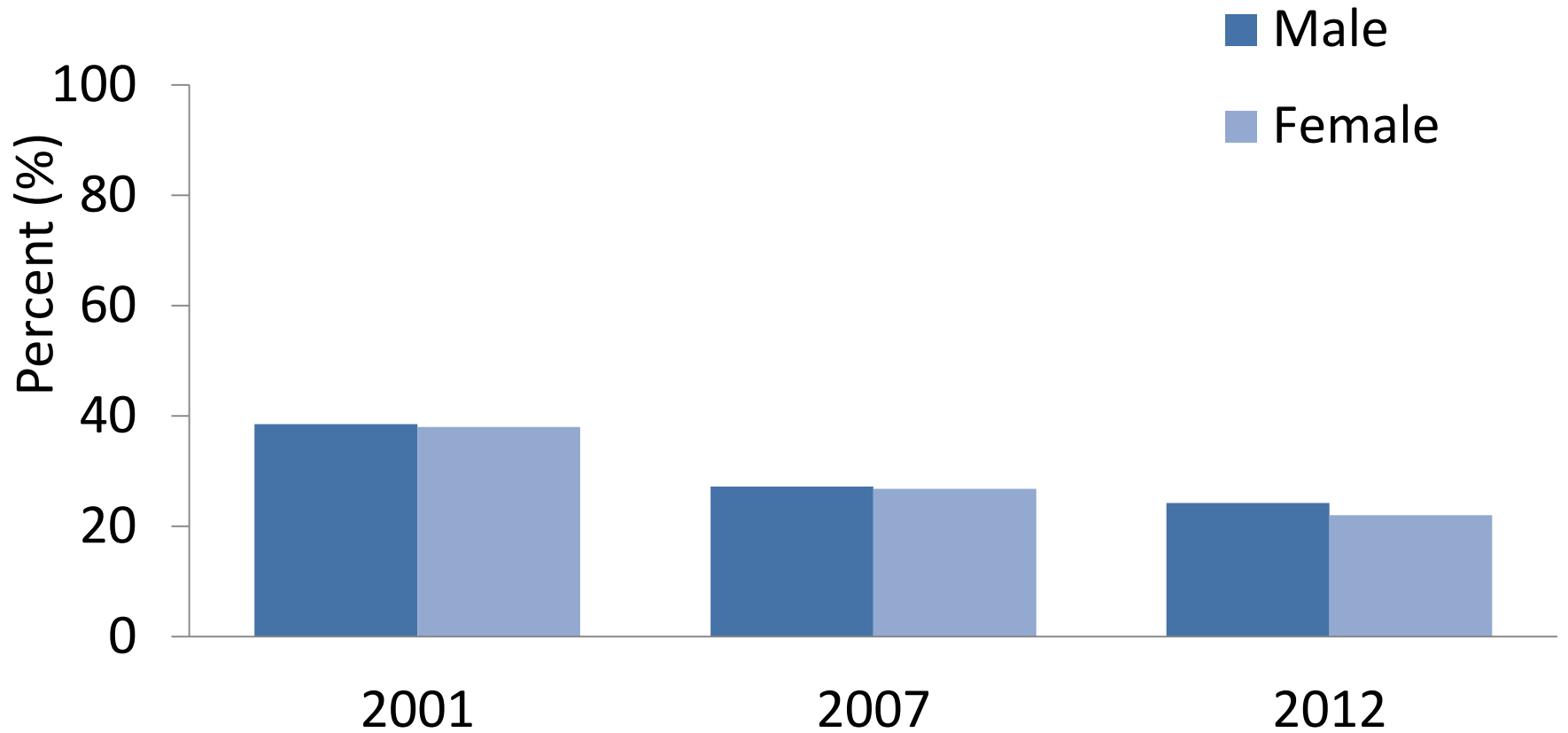
# Marijuana use (ever)



# Tried to cut down or quit marijuana (among those who use it)

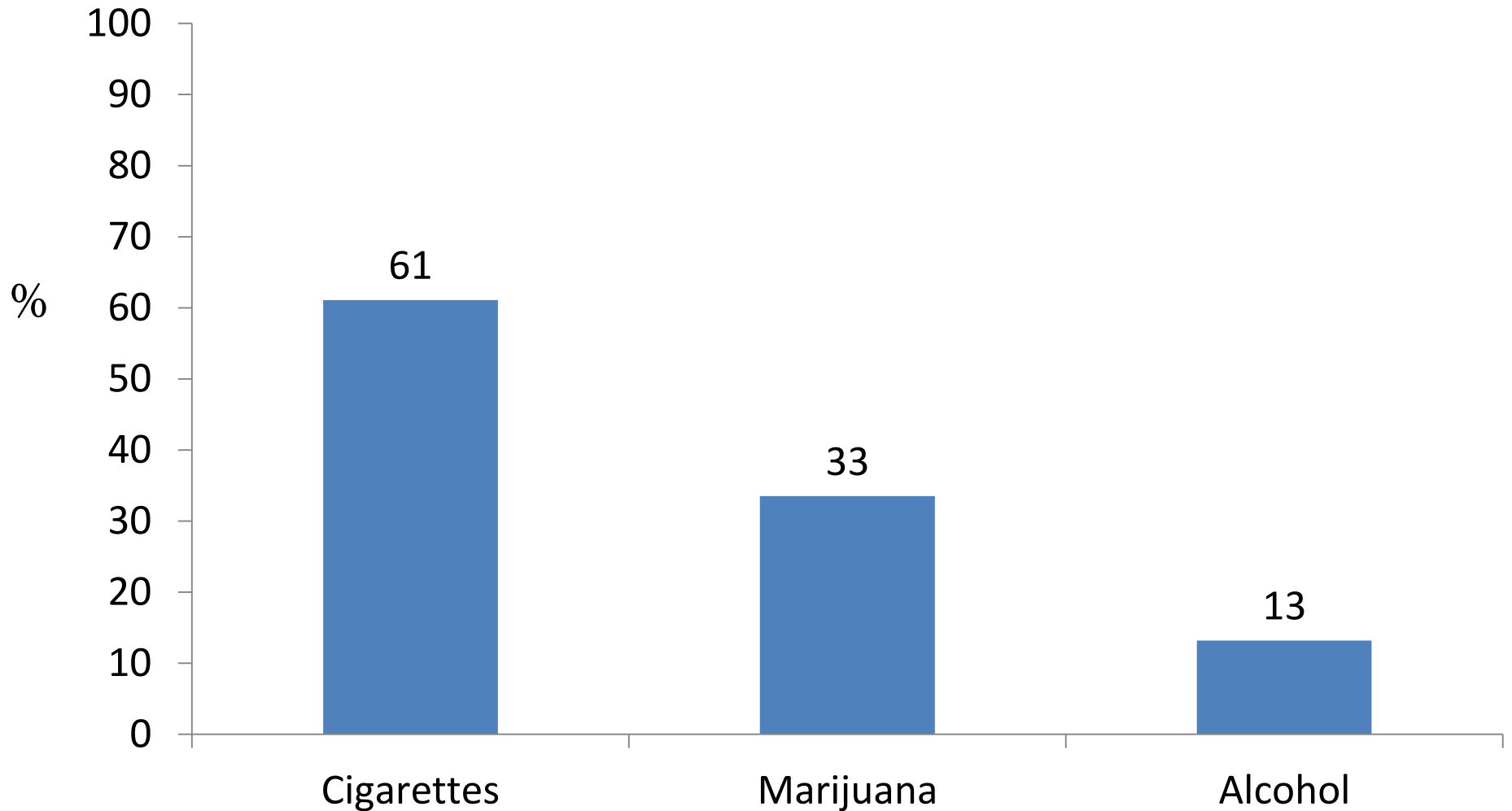


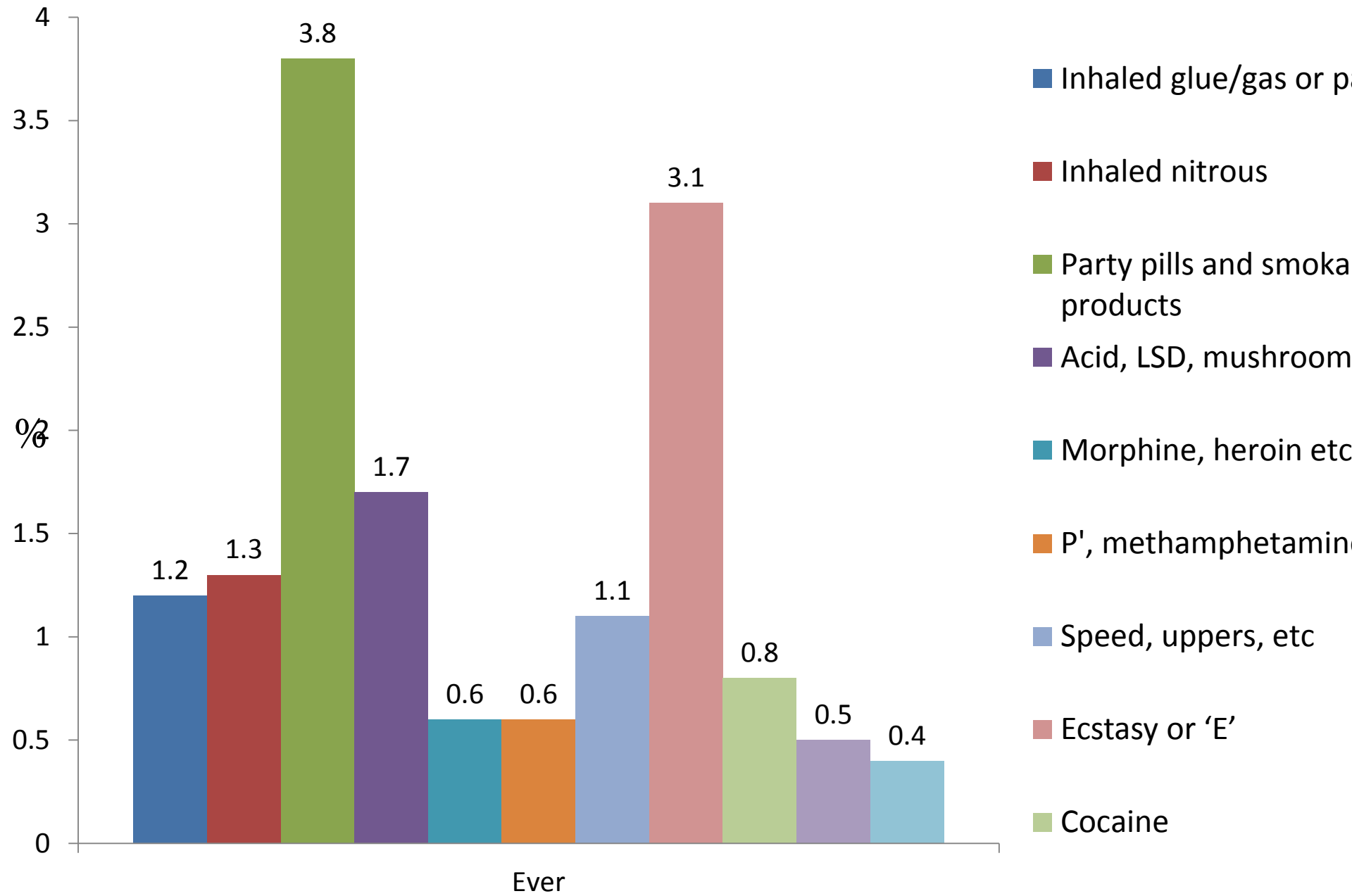
# Students who Have Ever Used Marijuana



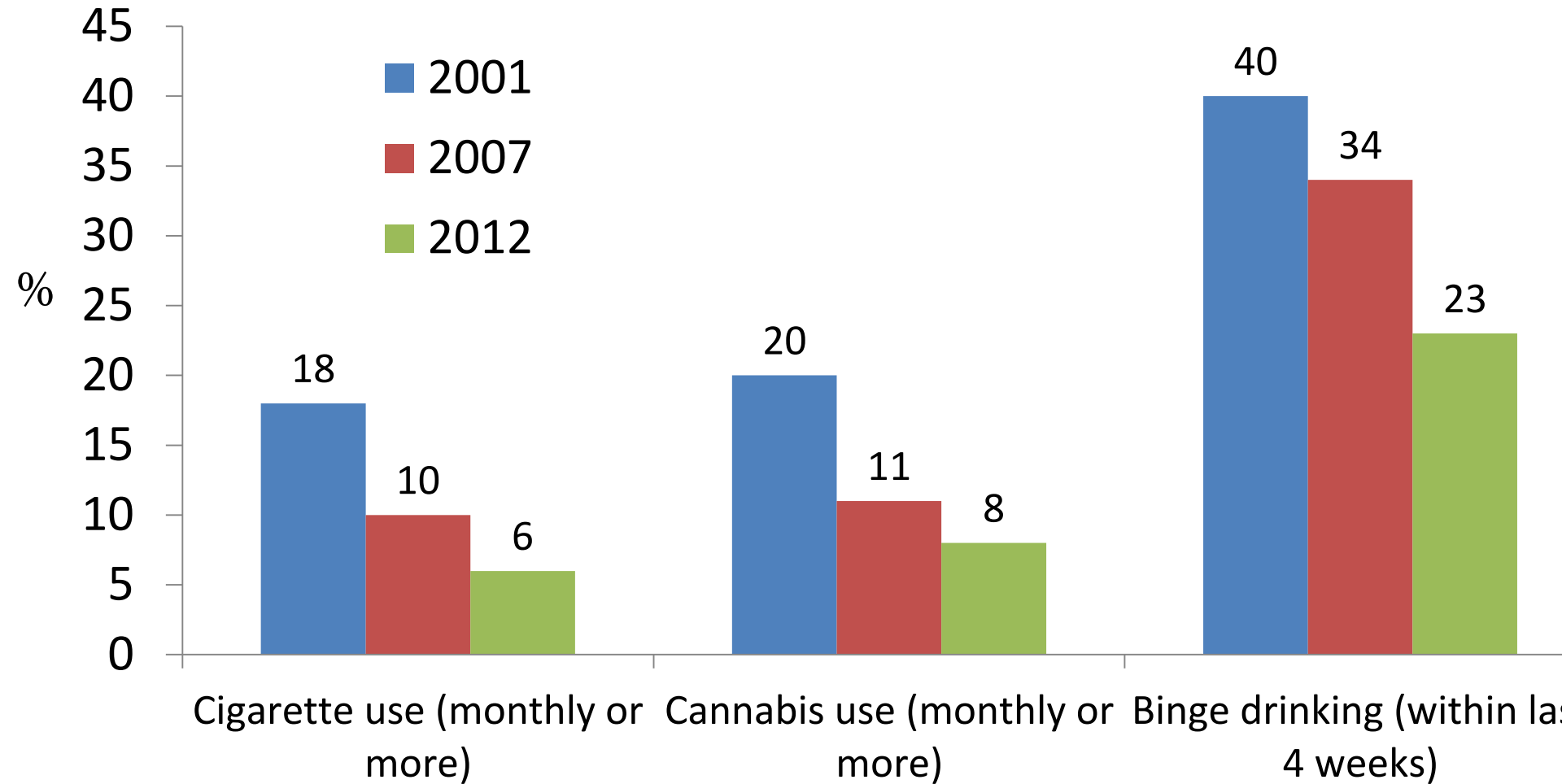


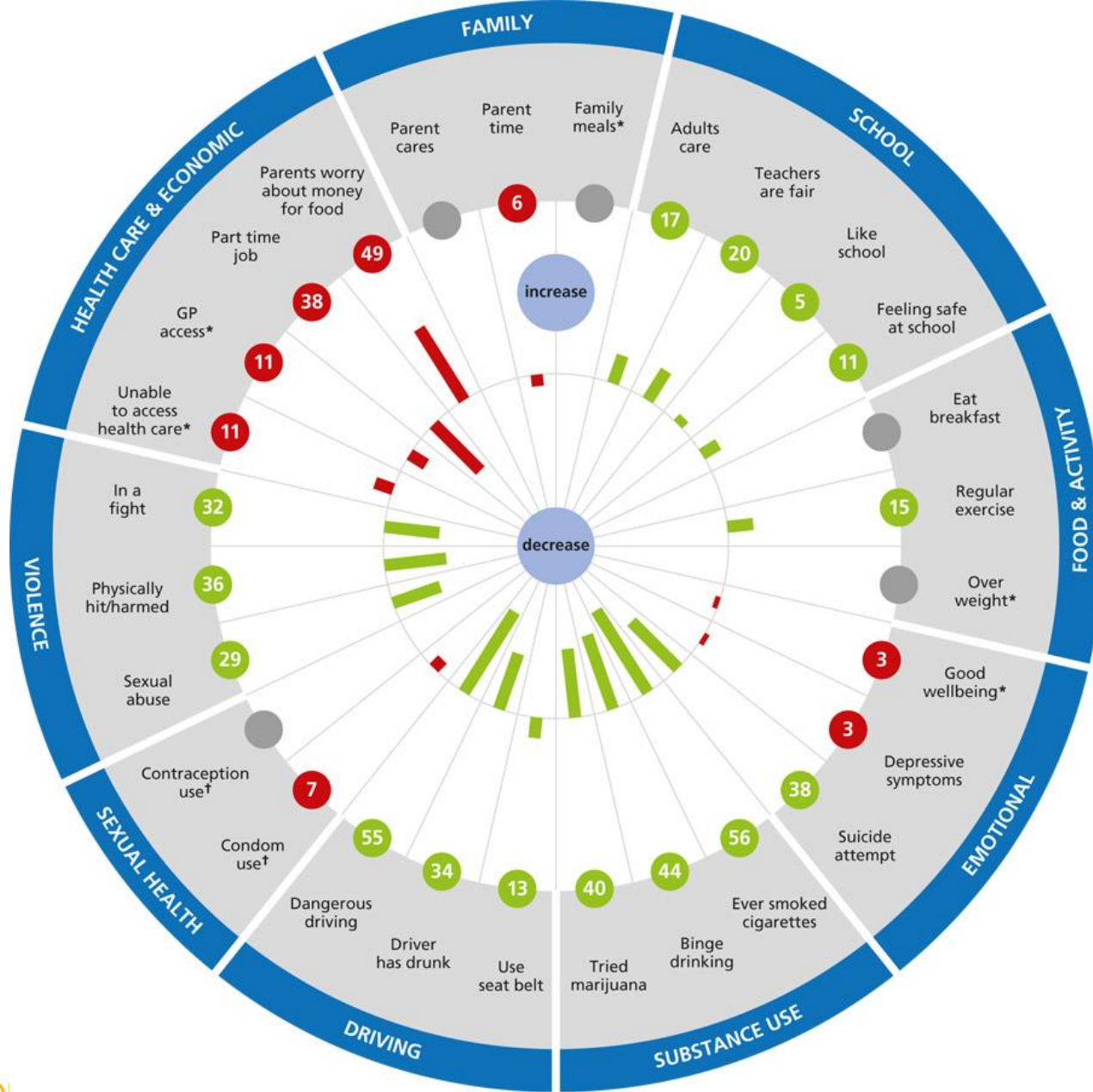
# Substance use: Tried to quit or cut down (2012)





# Substance use –2001-2012





**PERCENTAGE CHANGES FROM 2001 TO 2012**

% Positive change   
 % Negative change   
 ● No or minimal change

NOTE: \* 2007 to 2012 (not asked in 2001) † among sexually active students

# Conclusions

- It is possible to make a difference!
- However, substance use, esp. alcohol use remains significant
- Need to understand why these changes and how we build on them



# Thank You

The Youth'12 project was funded by the Ministries of Youth Development, Social Development, Health, Education and Justice, the Department of Labour, the Families Commission and the Health Promotion Agency (HPA)

Thanks to all the schools and students who participated

**We welcome collaborations**

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# Questions

1. Why might use have dropped?
2. How can we maintain and build on the gains?