

Tupu Services

'Takanga A Fohe' is Tongan and translates as 'unison of oars'. This Pacific metaphor symbolises that those that paddle in their canoe must paddle in unison, otherwise they will not reach their vision or goal. At Takanga A Fohe we seek to paddle in unison as an organisation in order to reach out to our Pacific community.

Tupu Services is one of four services within Takanga A Fohe. The others are:

1. **Isalei Service:** Pacific Adult Mental Health Clinical Service
2. **Malaga A Le Pasefika:** Pacific Mental Health Cultural Liaison Service
3. **Avatea:** Pacific Child & Adolescent Mental Health Clinical Service.

Tupu is the alcohol, other drug and gambling service within Takanga A Fohe, providing support to consumers and families in the Pacific community throughout the Auckland region.

A team of fourteen clinicians are available to support consumers from all Pacific ethnicities, aged 13 years and older. Tupu Services offices are located at:

- 492 Great South Rd, Otahuhu (South Auckland)
- 409 New North Rd, Kingsland (Central Auckland)
- 33-37 Paramount Drive, Henderson (West Auckland)

To find out more about placements at Tupu Services, please call us on 09-845 1810, or visit our website www.cads.org.nz/pacific.asp

▶ PLACEMENTS AVAILABLE

One to two undergraduate or postgraduate placements per semester depending on the availability of staff supervisors.

▶ DEADLINE FOR APPLICATION

Three months prior to preferred starting date.

▶ WHAT MIGHT I EXPECT TO LEARN?

Placement students will benefit from:

- A full-time mentor who will provide weekly clinical supervision
- A CADS (Community Alcohol and Drug Services) induction programme (including at least three days of orientation training)
- Completing the Tupu 'NiuTupu' induction programme, incorporating an introduction to Takanga A Fohe and particularly Tupu people, systems, and procedures (including family and consumer advisors, health and safety representatives)
- Clinical supervision at a team level via weekly clinical reviews with all clinical staff and Takanga A Fohe's psychiatrist
- Fortnightly in-service team training
- Access to cultural supervision at individual and team level via Tupu Matua and other Takanga A Fohe cultural advisors
- Fortnightly supervision via 'Matua time' (cultural/pastoral time) and 'pesega' (cultural song time)
- Monthly administrative supervision with the team manager
- Opportunities to work with the other three teams of Takanga A Fohe.

